



B'SPOILT

LUXURY BEAUTY SALON

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PROPRIETRESS

Mrs Suzanne Saunders

ESTABLISHED 2005



OXYGEN / MICRO-CURRENT

Lift & Firm Ultra Facial - Including Oxygen

The unique true digital waveform, tones facial muscles and improves skin texture. Perfect for clients looking to lift, firm and achieve long term anti-ageing results This results in increasing the clients' own collagen levels by up to 73%. Completed with oxygen and a combination of BeautyLab serums to plump, stimulate collagen production, energise and nourish.

Single treatment 75 minutes, £65.00
Course of 10 (recommended - 2 to 3 a week) £600.00

Essential Lift & Firm

The unique true digital waveform, tones facial muscles and improves skin texture. Perfect for clients looking to lift, firm and achieve long term anti-ageing results.

Single treatment 60 minutes, £55.00
Course of 10 (recommended - 2 to 3 a week) £510.00

Lift & Firm Eye Area

Dark circles around the eyes are mainly due to strain, weak muscles, tiredness or poor circulation. Puffiness around the eye is due to a build up of fluid; the main cause of this is weak muscles and or slow circulation in this area. This program has been designed to strengthen the muscles and increase the circulation, which will most definitely improve or even solve the problem.

Single treatment 25 minutes, £35.00
Course of 6 (recommended - 2 a week) £195.00

UPGRADE ANY B'SPOILT FACIAL BY ADDING THE EYE TREATMENT

Oxygen Therapy Facial

The skin is treated with oxygen and a combination of BeautyLab Serums to plump, stimulate collagen production, energise and nourish. The pulsed oxygen program, can be used to treat areas of concern such as wrinkles, fine and deep lines and scars. The effects of oxygen therapy continue to work after the treatment; with optimum results achieved 2-3 days post treatment.

Single treatment 45 minutes, £45.00
Course of 6 (recommended - 1 a week) £250.00

**UPGRADE ANY B'SPOILT FACIAL BY ADDING
THE OXYGEN THERAPY - 10 MINUTES, £15.00**

THALGO FACIALS

Thalgo treatments are renowned for their incredible results by harnessing the riches of the sea so you can benefit from powerful healing, revitalising and re-balancing properties vital for health and wellbeing. Thalgo's exceptional body treatments refine, tone and ease tensions, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

Silicium Super-Lift Facial: Age +40

Dare to defy time with this super-lift facial, designed to combat all signs of ageing at 40+ (loss of firmness, pronounced wrinkles). Relax and let yourself be immersed in an aquatic cocoon during the Thalgo cleansing ritual, adapted to your skin type. Next, your skin is intensely exfoliated and smoothed to optimise the penetration of the anti- ageing ingredients. An expert anti-ageing massage lifts the features, before a super-lifting mask is applied to fill deeper wrinkles and lift and contour the face and neck. After just 1 treatment you'll already look 5 years younger. Your complexion will glow, and lines will be less noticeable, your skin firmer.

75 minutes, £58.50

Collagen Radiance Facial: Age +25

Give your skin a collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. After a relaxing welcome massage, a cleansing ritual adapted to your skin type, and intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients, an expert anti ageing massage is carried out to lift the features and help the skin drink in all the marine collagen. The collagen mask smoothes fine lines and has a plumping effect. While the mask takes effect, you'll enjoy a relaxing hand and arm massage. After the treatment your skin will be radiant, its collagen reserves restored.

60 minutes, £55.00

THALGO MICRO-DERMABRASION TREATMENT

Micro-Dermabrasion is a deep exfoliation for the face, where aluminium oxide crystals are projected onto the skin treating fine lines; wrinkles; scarring; acne; pigmentation or general uneven skin tone. The proven benefits include softer, smoother, more flawless skin, brighter complexion, coupled with deep cleansing of the pores. It encourages the development and formation of collagen and elastin, tightening and firming skin for a more rejuvenated, radiant, youthful look.

Our Thalgo Micro-Dermabrasion treatment stands out and differs from others by offering a light therapy treatment using red and blue LED lights which have anti-ageing properties.

Single Treatment

45 minutes, £56.00

Course of 6 (recommended 1 per week)

£300.00

B'SPOILT SIGNATURE TREATMENT

Combination of 45 minute Decleor Aromaplastie Facial with 45 minute deep tissue massage

Our wonderful signature treatment includes a massage using a Decleor Relax Aromatherapy balm, combining the Decleor award winning facial, which is power packed with vitamins and anti-oxidants.

90 minutes, £75.00



DECLEOR EXPERT FACIAL TREATMENTS

No matter your age, gender or skin type, our plant enriched formulas and personalised massage movements, mean that your skin will always be in the best hands. Our treatments are not just designed to be relaxing, sensorial experiences, they're also designed to work, to deliver long lasting and proven results for your skin. At the heart of each treatment is a 25-minute massage. Our microcirculation and drainage techniques are what makes them so effective – helping to smooth and shape your skin, giving you that extra bit of sparkle.

Decleor Aromaplastie Facial

Award-winning vitamin facial to leave your skin visibly radiant

This multi award-winning facial is power packed with vitamins and anti-oxidants. Our warm and decongesting mask, softly cocoons the skin, leaving it deep cleansed and perfectly replenished and glowing with vitality.

60 minutes, £48.00

Decleor “Ultimate” Facials

Hydration Hero – Moisturising, nourishing and protecting. Leaving skin feeling hydrated, radiant and glowy.

Sensitive Smoother – Soothes and calms sensitive skin. Leaving skin feeling comforted, calm and soothed.

Purify & Rescue – Rebalance blemish-prone skin. Leaving skin detoxified and mattified with a healthy glow.

Smooth & Glow – Helps improve glow and the first signs of ageing. Leaving skin radiant with a healthy glow.

Lift & Firm: Age +30 – Leaving skin more illuminated and lifted.

60 minutes, £52.00

Sculpt & Rejuvenate Facial Treatment: Age +45

Ultimately effective anti-ageing facial leaving the skin plumper and firmer

Luxurious as well as highly targeted to fragile zones, this facial includes our ultimately effective ‘lifting’ massage to recharge skin tissues. Youth activating formulas then infuse the skin with naturally energising ingredients to help kick-start its natural renewal process; an indulgent and collagen-rich mask ensures skin feels plumped and tightened too. The result? A flawless, youthful new radiance.

75 minutes, £57.00

Discovery Facial

Deliciously cocooning and nourishing, to comfort and repair

Short of time? Discover why Decleor facials are world famous with this rescue remedy. Includes revitalising massage, essential oils and a gentle polish to wake-up tired skin leaving it fresh and radiant.

30 minutes, £36.00

DECLEOR BODY TREATMENTS

De Stress & Rebalance Wrap

Banish stress with this cocooning and warming relaxation wrap. Developed to improve wellbeing by relieving stress and unloading busy minds, indulgent self-heating ingredients actively help reduce tension and stress. The perfect treatment for anyone with a hectic, demanding lifestyle who finds it hard to switch off.

75 minutes, £63.00

Cleansing & Purifying Back Treatment

Decongests and brightens for a beautiful back

A facial for your back! Following our unique back diagnostic massage to relax and release blocked energy, a skin-brightening exfoliation, re-oxygenates skin, while targeting spots, blackheads and general congestion. Essential oils and plant extracts help rebalance and control oil and moisture levels. Essential for pre-wedding and holidays, it transforms skin to super-smooth and velvety to touch.

30 minutes, £38.00

Decleor Full Body Exfoliation

An all-over full body scrub finished with a deep nourishing body lotion. Perfect for pre/post holiday.

30 minutes, £35.00



MASSAGE & RELAXATION TREATMENTS

Relaxing and therapeutic healing for mind, body and soul, helping to ease tension, relieve stress and promote a feeling of wellbeing, by dispersing toxins, aiding the release of physical fatigue. We have a wide selection of massage oils to choose from: Muscle relief; sound asleep; relaxing; invigorating; refresh; D-Tox; wake-up and mother & baby.

Full Body “Aromatherapy” Massage (including face and scalp)	70 minutes, £55.00
Back, Neck & Shoulder “Aromatherapy” Massage	30 minutes, £36.00
Hot Lava Shells Full Body Massage	60 minutes, £58.00
Hot Lava Shells Back, Neck & Shoulders Massage	30 minutes, £36.00
Hot Stones Full Body Massage	60 minutes, £58.00
Hot Stones Back, Neck & Shoulders Massage	30 minutes, £36.00
Deep Tissue, Full Body Massage	60 minutes, £49.50
Back, Neck & Shoulder Massage	30 minutes, £29.50
Pregnancy Massage	60 minutes, £55.00
Scalp Massage	15 minutes, £18.00

(To be incorporated in any of the above massage treatments)

Indian Head Massage* **45 minutes, £48.00**

*Would clients please wear a round neck t-shirt for this treatment

Hopi Ear Candling

Hopi ear candles can bring relief from discomfort associated with ear wax build up, sinus congestion, vertigo, colds and flu, hay fever and snoring plus many more conditions.

30 minutes, £33.50



SIENNA X SPRAY TANNING

Sienna X spray tanning gives a gorgeous, natural-looking tan without the inherent dangers of skin damage that can result from overexposure to UVA/B rays, letting you look stunningly tanned all year round. It uses natural ingredients; has a fantastic fragrance and lasts 5 – 7 days depending on your daily skincare regime and lifestyle.

Your therapist will carry out a full consultation prior to your first spray tan and will answer any questions that you may have.

Sienna X

Available in several shades that require 8 hours to develop.

“Tonight’s the Night” – which develops in 2-4 hours.

High Intensity Tan – which can be showered off 1 hour after application and continues to develop over the next 4 hours – perfect for last-minute occasions or for those that hate waiting!

Sienna X retail products are enriched with Aloe Vera and other natural top quality ingredients to actively moisturise and nourish your skin and help to extend your tan. Selected range of Sienna X retails products are available in salon, which help maintain and prolong your tan.

Prices

Half body £15.00

Full body £22.00

48 TUBE SUNBED

For use only by persons 18+ years. Courses are available upon request. Pay for a course of 5 and get 1 free.

3 minutes, £2.25

6 minutes, £4.50

9 minutes, £6.25

EYES

Lashlift Including tint

45 minutes, £38.00

Want to open up your eyes with gorgeous curled lashes? The Lash Lift is the beauty equivalent of a push-up bra for your lashes—the treatment instantly gives them, lift, separation, and extra definition without the use of extensions. Touted as the gentle alternative to lash extensions, a lash lift essentially takes the natural hairs you do have lining your lid and gives them a dramatic curl worthy of a mascara ad. It has been said that when you first get the treatment done, it looks like you have a really great mascara on, even when you go into the water. It can last anywhere from 6 to 8 weeks, and unlike with extensions, you can rub your eyes, wear makeup, and your natural lashes will not be harmed. Patch test required 24 hours prior to treatment. Avoid getting your new lashes wet, up to 24 hours following your treatment.

Eyelash Tint

£15.00

Eyebrow Tint

£10.00

Eyelash & Eyebrow Tint

£22.00

Eyebrow Shape/Wax

£10.00

FALSE EYELASHES

Individual “Lash Emporium” Glue test required 24 hours prior to treatment.

Full Set

90 minutes, £50.00

Infills

45 minutes, £30.00

Russian Lashes

90 minutes, £60.00

Infills

45 minutes, £40.00

Weekend Lashes

from £25.00

How can I prepare for lash extensions?

You must have a glue test 24 hours before your lash treatment. Make sure your eyelashes and eyelids are free from any make up residue and oils prior to the treatment. If you wear contact lenses, please remove them and wear your glasses following the application, and for the first 24 hours. Do not get your new lashes wet for 24 hours.

How long will my lashes last?

Everyone's natural eyelash growth cycle is approximately 90 days. The lash extensions will be applied to your mid cycle lashes, giving you at least 3 weeks of maintenance free lashes. When natural eyelashes begins a new growth cycle, you would need to have infill treatments to top up the look.

WAXING

A minimum of ¼ inch growth is required for a successful treatment. Following which, a soothing after wax lotion is applied to the skin, to calm all treated areas.

Full Leg wax & Bikini Line	£31.00
Full Leg wax	£27.00
Three Quarter Leg wax	£21.00
Half Leg wax	£17.00
Bikini Line wax	£11.00
Under Arm wax	£11.00
Forearm wax	£15.00
Lip and Chin wax	£13.00
Lip wax	£9.50
Chin wax	£9.50
Full Face wax	£19.00
Back or Chest wax	£23.00

Intimate Waxing

Advanced bikini waxing using a hot wax for a cleaner, smoother finish

Hollywood wax (all off)	£32.00
Brazilian wax (strip left)	£28.00

Advice

- *Hair needs to be at least 3-4 weeks growth (approx 10-12mm)*
- *Waxing is recommended every 4-5 weeks – Regrowth varies as everyone is different*
- *The more you wax the slower & sparser the regrowth*
- *For Hollywood & Brazilian waxing you will need to remove your pants*
- *Please arrive freshly showered, wipes are available*
- *Any redness in the waxed area is normal, it may be seen for several hours, it varies from person to person. It will return to normal within 24 hours if aftercare is followed*

Aftercare

- *Do not have a hot bath or shower for 24-48 hours*
- *Don't touch the area that has been waxed*
- *Avoid perfumed products (shower gel, deodorant, moisturiser, etc) for 24-48 hours*
- *Do not swim, sauna, steam room or jacuzzi for 24-48 hours*
- *Avoid UV light, sunbathing, sunbeds and fake tanning for 24-48 hours*
- *Don't have a massage or body treatment for 24-48 hours*
- *Once or twice a week exfoliate or body brush gently*
- *Make-up should be avoided for 24 hours, mineral make-up can be used*
- *Avoid wearing tight clothing for 24 hours*
- *Any rashes or signs of infection after 48 hours see your GP*

THREADING

Threading is an ancient Indian skill which simply uses 100% cotton thread to remove unwanted hair.

Eyebrows	£13.00
Lip or Chin	£11.50
Full Face including eyebrows	£25.00
Full Face	£22.50

ELECTROLYSIS

An effective method to permanently remove hair using sterilised disposable probes. Courses are available on request. Pay for 5 treatments and get 1 free.

5 minutes, £13.50
10 minutes, £15.50
15 minutes, £19.50

THREAD VEIN REMOVAL

An effective way of removing small red veins from the face using sterilised disposable probes.

Test Patch with consultation	£19.50
10 minute Treatment	£34.50
Milia Removal with Facial	From £8.00

EAR PIERCING

Ear Piercing with solution and wide selection of studs	£25.00
Single Ear	£18.00

Mii STANDOUT MANICURES

Using expertly blended products with a multitude of active ingredients including; antioxidant and brightening Blueberry, Rosemary and Vitamin C plus nourishing Shea Butter, Argan Oil and Aloe Vera, with a calming signature fragrance of Bergamot, Earl Grey and Cucumber for added sensorial bliss.

Indulge Mii

A hand reviving exfoliation, serum, mask and heated mitts with moisturising massage and cuticles made neat and tidy. Nails are analysed, shaped, then treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish and high shine top coat to finish.

45 minutes, £35.00

Treat Mii

Achieve extra protection extra fast. Hands are cleansed and conditioned, and cuticles moisturised. Nails are beautifully shaped and treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish and high shine top coat to finish.

30 minutes, £29.00

Mii STANDOUT PEDICURES

Using a restorative blend of moisturising Aloe Vera, calming Thyme, antioxidant Rosemary and soothing Icelandic Moss, with a clean fragrance of Lemon and Green Tea to help lift the sole.

Indulge Mii

Feet are cleansed, exfoliated with hard skin removed and cuticles made neat and tidy. Feet and ankles are massaged with conditioning creams. Followed by a nourishing foot mask and heated booties. Nails are analysed, shaped, then treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish and high shine top coat to finish.

1 Hour, £38.50

Treat Mii

Get pedi-ready in an instant. Feet are cleansed, conditioned and exfoliated, with hard skin removed and cuticles moisturised. Nails are trimmed and tidied, then treated with a prescriptive base coat, before the final flourish of your chosen Colour Confidence Polish and high shine top coat to finish.

30 minutes, £29.50

Mii Callus Peel

This gentle giant is our fast working, no nonsense, hard skin obliterator. There's no messing around when it comes to eliminating hardened, dry skin on the feet, which could lead to painful cracked heels and peeling. Formulated as a micro-mist to penetrate quickly, it features glycolic acid for exquisite exfoliation, alongside skin conditioning calendula extract, moisturising eucalyptus oil and softening pomegranate seed oil. This callus-busting solution helps to remove dead skin build up and clear impurities, delivering the appearance of smooth skin with continued use.

Additional £5.50 upgrade, with either of our 2 Mii Pedicures

Shape and Varnish on hands or feet

£13.00

STATEMENT GEL POLISH

Statement Gel on hands (nail tidy & cuticle work)	30 minutes, £25.00
Statement Gel on feet (nail tidy & cuticle work)	30 minutes, £25.00
Treat Mii pedicure with gels on feet	45 minutes, £42.00
Gels soak off with re-apply of gels	£5.00
Gel polish removal with a nail tidy	£12.00

MAKE UP BY Mii

Mii make up is suitable for everyday, special occasions and also all skin types.

Day Make Up	30 minutes, £30.00
Evening Make Up	45 minutes, £35.00
Bridal (including trial)	45 minutes, £55.00



B'SPOILT PACKAGES

Prom Package – Ages 11 to 16 £45

Shape and varnish on hands and feet
Sienna X Spray Tan

Prom Package – Ages 16 to 18 £68

Gel on hands
Gels on feet
Sienna X Spray Tan

B'Spoilt Ultimate Package £120

B'Spoilt Signature Treatment
Gels on hands
Gels on feet

B'Spoilt Holiday Package £105

Gels on hands
Gels on feet
Lash lift and tint
Spray tan

B'Spoilt Mum To Be Package £125

Indulge Mii Manicure
Indulge Mii Pedicure
Pregnancy Massage



Please could clients arrive for their appointments 5–10 minutes early to allow your therapist enough time to carry out your consultations prior to your treatment. Thank you!

Pamper Days Available on Request

Client Reward Scheme Available

Please ask for further details

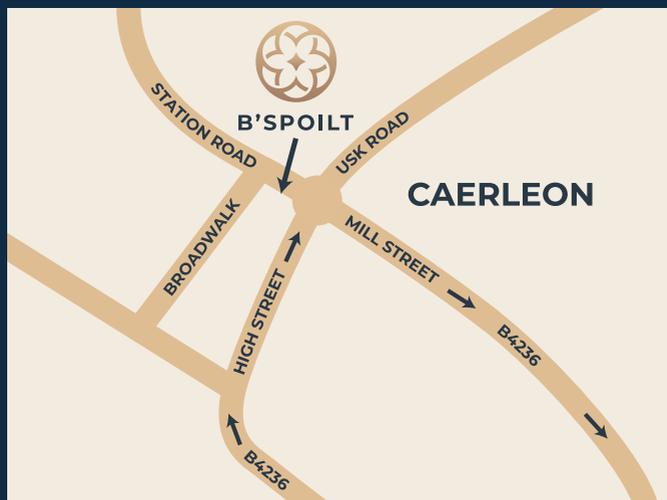
Gift Vouchers Available for that Special Gift

Valid for 3 months from purchase date

Advice and Consultations are offered free of charge

Open 6 days a week

Monday	9.30am – 6.00pm	Thursday	9.30am – 7.30pm
Tuesday	9.30am – 6.00pm	Friday	9.30am – 6.00pm
Wednesday	9.30am – 7.00pm	Saturday	9.00am – 4.00pm



PLEASE NOTE:

Cancellations require 24 hours notice.

Failure to honour appointment WILL be charged.

All prices are inclusive of VAT